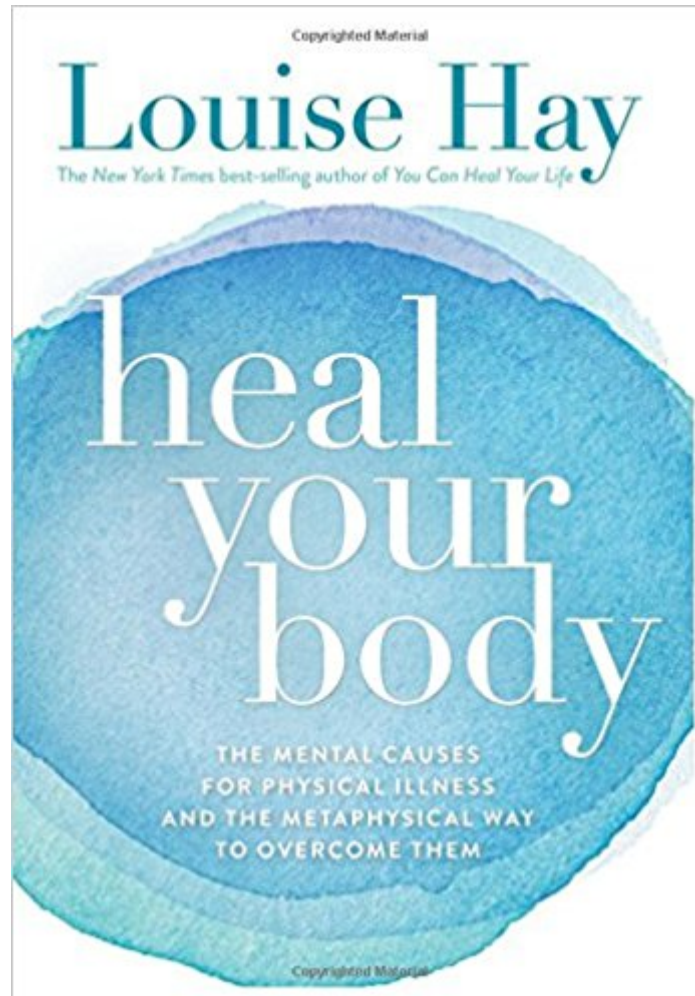




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Heal Your Body



Synopsis

Heal Your Body is a fresh and easy step-by-step guide. Just look up your specific health challenge and you will find the probable cause for this health issue and the information you need to overcome it by creating a new thought pattern.

Book Information

Paperback: 96 pages

Publisher: Hay House; 4 edition (January 1, 1984)

Language: English

ISBN-10: 0937611352

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Product Dimensions: 0.5 x 5.2 x 7.2 inches

Shipping Weight: 4.2 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 1,136 customer reviews

Best Sellers Rank: #305 in Books (See Top 100 in Books) #2 in Books > Health, Fitness & Dieting > Alternative Medicine > Healing #4 in Books > Religion & Spirituality > New Age & Spirituality > Mental & Spiritual Healing #44 in Books > Medical Books

Customer Reviews

About Louise: Her teachings of positive-thinking and powerful life-enhancing affirmations have helped millions of people to improve their lives and have made her a legend in her own lifetime.

Kindred Spirit Magazine

Louise L. Hay, bestselling author, is an internationally known leader in the self-help field. Her key message: "If we are willing to do the mental work, almost anything can be healed." The author has a great deal of experience and firsthand information to share about healing—including how she cured herself after having been diagnosed with cancer.

I have used this book for years and have really incorporated positive daily affirmations in my life.

Provided me with a starting point to determine the subconscious thoughts that are the cause of my physical conditions.

One of the best little books ever. I've given many copies of this book to friends and relatives. If

you're interested in the psychological and emotional causes of illness, this is the bible.

I like having "Heal Your Body" as a metaphysical, as well as a physical ailment reference book. It's interesting to note the depth and accuracy of Miss Hay's quantum physics' "diagnosis" regarding the spiritual needs of one who seems to suffer from the listed afflictions. The only drawback I noticed was the difficulty scrolling through the layout of column headings and descriptive paragraphs while reading this very helpful book on a Kindle.

tiny book

I've used this classic reference for health issues since it was first published decades ago. It's just as useful now as then.

Excellent book by Louise. This one a gift for a friend. I give her book all the time. It truly works for me.

I Love it ã ã ã•

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